

## 3 Ways to Register:



### Register in person at:

1303 27<sup>th</sup> Street  
Zion, Illinois 60099  
Monday-Friday, 8:00 am - 4:30 pm



### FAX a signed registration form

Fax number is (847) 746-4035



### Mail completed registration form

with a personal check, money order  
or purchase order payable to the:  
Zion Fire Department  
1303 27th Street  
Zion, Illinois 60099



1303 27<sup>th</sup> Street  
Zion, Illinois 60099  
Phone (847) 746-4038  
Fax (847) 746-4035

Zion Fire and Rescue Department  
provides CPR and First Aid  
courses for

**General Public  
Businesses  
Civic Groups  
Employers  
Contractors  
And more**

For more information or specific dates  
you may contact FF/Paramedic Brooks  
Litz at (847) 746-4036 xt 4560 or via e-  
mail at [brooksl@zion.il.us](mailto:brooksl@zion.il.us)



## **CPR Course Brochure**

***Heartsaver AED/CPR  
Heartsaver First Aid/CPR  
Healthcare Provider CPR***

**Sign Up  
and  
Learn to Save a Life**



## Heartsaver AED

The Heartsaver AED course teaches CPR, AED use and relief of choking for adults, children and infants. It also includes the use of barrier devices for victims of all ages. Hands on skills are performed in a low stress, watch and return demonstrate environment. No written exam is given and a course completion card is issued for successful skills demonstration.



*Course length: Approximately 4 hours*

*Course Cost: \$55.00*

## Heartsaver AED/First Aid

The Heartsaver AED/First Aid course teaches CPR, AED use and relief of choking for adults and children. Students will also learn how to manage illnesses and injuries in the first few minutes before professional help arrives. In addition to CPR and AED use, course content includes general principles of first aid, medical emergencies, injury emergencies and environmental emergencies. A course completion card is issued for successful classroom participation.



*Course length: Approximately 7 hours*

*Course Cost: \$65.00*

## BLS for Healthcare Providers

This course covers core material such as adult and pediatric CPR, two rescuer scenarios, use of bag valve mask, foreign body airway obstructions, AED, and barrier devices. A course completion card is issued for successfully completing a written and skills exam.



*Course length: Approximately 4 1/2 hours*

*Course Cost: \$65.00*

## Why do you need CPR?

Cardiopulmonary resuscitation, or CPR, performed properly and promptly can help victims survive until the ambulance personnel trained in advanced medical techniques arrive on the scene. Almost two thirds of deaths from heart attacks occur before the victim reaches a hospital. Many of these deaths can be prevented if victims received prompt help.

### Should you make the commitment to learn CPR.....

Perhaps a loved one suffers from heart disease. Maybe your job handles medical emergencies. No matter what your reason, it is important to realize that just knowing how to properly perform CPR will make you a more useful member of your community. Brain death occurs within 4-6 minutes after the heart stops beating. Speed in starting CPR and calling 911 is the key to helping save lives.

### OK, so you say you want to learn CPR.....

The Zion Fire and Rescue Department teaches several American Heart Association CPR courses. Please contact the fire department for class dates, times, and location.

\*Private classes can be scheduled with a minimum of 3 people

## CPR/AED Course Registration Form

**Registration methods listed on the reverse side.  
Payment is due 1 week prior to the start of class.**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_

**State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_

**Cell Phone:** \_\_\_\_\_

### LIST REQUESTED COURSE

**Heartsaver AED**                      **Date:** \_\_\_\_\_

**Heartsaver First Aid**              **Date:** \_\_\_\_\_

**Healthcare Provider CPR**      **Date:** \_\_\_\_\_

- ❖ Workbooks available at an additional cost
- ❖ American Heart Association Instructors